$2.4 million awarded for indigenous health

The new national Centre of Research Excellence will prevent, manage and treat chronic disease among indigenous people (pg 4)

Photo: David Dare Parker, Australian Geographic
<table>
<thead>
<tr>
<th>Message from the Executive Director</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>$2.4 million awarded for indigenous health centre</td>
<td>4</td>
</tr>
<tr>
<td>We have moved!</td>
<td>4</td>
</tr>
<tr>
<td>Tropical and infectious diseases node goes live</td>
<td>5</td>
</tr>
<tr>
<td>Risk factors for lifestyle-related chronic disease</td>
<td>5</td>
</tr>
<tr>
<td>Challenging and changing our alcohol culture</td>
<td>6</td>
</tr>
<tr>
<td>International Convention registration closes on 13 September</td>
<td>6</td>
</tr>
<tr>
<td>Over 500 likes!</td>
<td>6</td>
</tr>
<tr>
<td>Hands on at JBI</td>
<td>7</td>
</tr>
<tr>
<td>HDR student reaches top five in 3 Minute Thesis competition</td>
<td>7</td>
</tr>
<tr>
<td>Feather in the cap for the Foundation</td>
<td>7</td>
</tr>
<tr>
<td>Unplanned hospital readmission</td>
<td>8</td>
</tr>
<tr>
<td>New Chair of Paediatrics Expert Reference Group</td>
<td>8</td>
</tr>
<tr>
<td>Translation Science staff share their expertise</td>
<td>8</td>
</tr>
<tr>
<td>Train-the-Trainer program at Addis Ababa</td>
<td>9</td>
</tr>
<tr>
<td>Drug law enforcement grant submission</td>
<td>9</td>
</tr>
<tr>
<td>Indexing in Embase database</td>
<td>9</td>
</tr>
<tr>
<td>Comprehensive Systematic Review Training Programs 2013</td>
<td>10</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Collaboration Matters</th>
<th>11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Fellows Train-the-Trainer program now available</td>
<td>11</td>
</tr>
<tr>
<td>Annual review of Centres</td>
<td>11</td>
</tr>
<tr>
<td>October reminders</td>
<td>11</td>
</tr>
<tr>
<td>JBI website reminder</td>
<td>11</td>
</tr>
<tr>
<td>Registering a systematic review title</td>
<td>11</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Member Matters</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice Manuals hone in on safety</td>
<td>12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HDR Matters</th>
<th>13</th>
</tr>
</thead>
<tbody>
<tr>
<td>A word from your Postgraduate Coordinator</td>
<td>13</td>
</tr>
<tr>
<td>Vibrant and inspiring August Research School</td>
<td>14</td>
</tr>
<tr>
<td>Academic panels</td>
<td>14</td>
</tr>
<tr>
<td>Graduate School Barbie</td>
<td>15</td>
</tr>
<tr>
<td>Juggling professional passions and personal loves</td>
<td>15</td>
</tr>
<tr>
<td>Upcoming Graduate Research Seminar</td>
<td>16</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Alumni Matters</th>
<th>17</th>
</tr>
</thead>
<tbody>
<tr>
<td>A word from the President</td>
<td>17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Collaboration Matters</th>
<th>11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Fellows Train-the-Trainer program now available</td>
<td>11</td>
</tr>
<tr>
<td>Annual review of Centres</td>
<td>11</td>
</tr>
<tr>
<td>October reminders</td>
<td>11</td>
</tr>
<tr>
<td>JBI website reminder</td>
<td>11</td>
</tr>
<tr>
<td>Registering a systematic review title</td>
<td>11</td>
</tr>
</tbody>
</table>
Message from the Executive Director

Welcome to the August edition of JBI Matters. As content for this newsletter is being pulled together the staff of the Institute are busy moving to our new space. This move is long overdue and we are very excited about welcoming students and staff from other collaborating entities to our purpose built space, which includes teaching facilities, meeting rooms, offices and space for collaboration, innovation and networking.

In addition to this we are also very excited to announce that the School of Translational Health Science/Joanna Briggs Institute has won $2.48 million to establish a new national Centre of Research Excellence which will use the best available evidence to prevent, manage and treat chronic disease among indigenous people.

As the Chief Investigator of the new National Health and Medical Research Council (NHMRC) Centre of Research Excellence (CRE) for Translational Research in the Management of Chronic Disease in Indigenous Populations, I am proud to say that this is a great achievement and an important development for us as a school/institute in the University of Adelaide.

The centre will be established in partnership with the South Australian Health and Medical Research Institute (SAHMRI), the National Aboriginal Community Controlled Health Organisation (NACCHO) and the University of Wollongong.

These new business developments are wonderful opportunities for the Institute to showcase the talented and dedicated staff who work with us, to better interact with key stakeholder groups and to strengthen our partnerships with other entities locally, nationally and internationally. It is an exciting time in our development and the future is bright.

I hope you enjoy reading about the many other projects and developments happening around the Institute this month.

Professor Alan Pearson AM
Executive Director
$2.4 million awarded for indigenous health centre

The Joanna Briggs Institute (JBI)/School of Translational Health Science has won $2.48 million to establish a new national Centre of Research Excellence (CRE) which will use the best available evidence to prevent, manage and treat chronic disease among indigenous people.

The centre will be established in partnership with the South Australian Health and Medical Research Institute (SAHMRI), the National Aboriginal Community Controlled Health Organisation (NACCHO) and the University of Wollongong.

The funding is from the National Health and Medical Research Council (NHMRC).

Professor Alan Pearson AM, Executive Director, Chief Investigator of the new NHMRC Centre of Research Excellence (CRE) for Translational Research in the Management of Chronic Disease in Indigenous Populations, said, ‘The aim of our centre is to improve health outcomes among Aboriginal and Torres Strait Islander people with a chronic disease.’

‘As a population, indigenous people have significantly poorer health than other Australians and typically die at much younger ages. We hope to save lives and improve people’s quality of life by translating science to health practice.

‘Our research will review existing knowledge about the prevention, management and treatment of chronic disease in indigenous populations. Based on that information, we will conduct much-needed programs to translate and implement evidence into indigenous health care.

‘Importantly, to maximise outcomes, this work will be conducted in close collaboration with Australia’s indigenous peoples,’ Professor Pearson said.

The awarding of this CRE is a major vote of confidence in the quality of research being conducted in South Australia.

We have moved!

The Joanna Briggs Institute/School of Translational Health Sciences moved to their new offices on 22 August, marking a new era for the organisation.

The new premises boast larger and improved training and meeting facilities for our clinical fellows, students and other stakeholders. It is modern, bright, visually appealing, and is centrally and conveniently located in the heart of the Adelaide Central Business District, making it ideal for our overseas visitors.

We look forward to seeing you here in our new offices very soon.
Tropical and infectious diseases node goes live

Tropical and infectious diseases, notably diarrhoeal diseases, malaria, HIV and tuberculosis are a major cause of illness and death in developing countries, particularly among infants and children. Tropical and infectious disease causative organisms have evolved and adapted over the past few decades, presenting a challenge in prevention and control.

Against this backdrop, the need to provide health professionals with advice on the effectiveness, appropriateness and cost benefits of health care interventions for tropical and infectious diseases, and to implement evidence and evaluate its impact, becomes all the more pressing. And compounding this is the limitation of current efforts to summarise, disseminate and establish systems for the use of these resources.

The Joanna Briggs Institute (JBI) Tropical and Infectious Diseases node, which went live on JBI COntNECT+ in August, represents a milestone in JBI’s efforts to make a difference to the practices of nurses, medical officers, and allied health and health workers in this field.

Customised on-line programs will deliver evidence-based information on the prevention, diagnosis and treatment of tropical and infectious diseases to help health professionals identify and work towards best practice in this field. Best practice recommendations will cover all settings, especially low-resource settings and countries where these diseases are highly prevalent.

Increased activity in this node will include:

- Rigorous, independent reviews of evidence relevant to tropical and infectious diseases
- Evidence-based best practice pathways and resources for users of tropical and infectious disease services to assist in effective decision making
- A tropical and infectious diseases clinical audit and feedback program
- A purpose-designed JBI COntNECT+ Tropical and Infectious Diseases website at which all of the above resources can be accessed.

The focus is on evidence to assist health professionals in the diagnosis, prevention and treatment of common diseases, not to explore social determinants of health or other measures of country status.

Key content will include prevention and/or treatment of common tropical and infectious diseases, including a comprehensive list of tropical and infectious diseases, and related systematic reviews.

Risk factors for lifestyle-related chronic disease

A draft rapid review on the risk factors for lifestyle-related chronic disease conducted for the Sax Institute (NSW Ministry of Health) was submitted on 16 August. Based on feedback received the final version is currently being prepared.

‘Community grant programs targeting the reduction of risk factors for lifestyle-related chronic disease: a rapid review’ focuses on the effectiveness of community grant funded programs in reducing risk factors for modifiable lifestyle-related chronic illness. These factors are overweight and obesity, nutrition, physical inactivity/sedentary behaviour, smoking and sexual health.
Challenging and changing our alcohol culture

There is a high acceptance and tolerance towards alcohol in Australian culture, and understanding what drives people to abstain or consume alcohol is complex. ‘Alcohol cultural change: a literature review’, a rapid review undertaken for VicHealth and submitted on 14 August, offers critical insights into this phenomenon. It also suggests the importance of a shift towards challenging and changing this current culture.

The project team for the review comprised Assoc Prof Ed Aromataris, Director, Synthesis Science; Dr Matthew Stephenson and Dr Kylie Porritt, Research Fellows, Translation Science; and Dagmara Riitano, Research Fellow, Synthesis Science.

The review presents information on indicators of drinking behaviour and alcohol cultural drivers described in the research literature. In addition, indicators to monitor changes in alcohol culture are presented and gaps in the existing literature identified.

International Convention registration closes on 13 Sept

Registration for the 2013 International Convention themed, ‘The 2013 campaign for getting evidence into policy’ closes on 13 September so make sure you register before then.

This is your last opportunity to attend an exciting event where you can explore perspectives on the evidence-based healthcare movement, and on getting evidence into policy.

Don’t miss out on what will be an informative and enjoyable event, which also includes a Welcome Reception and a wonderful night of sensational food, wine and entertainment at the Black and White Gala Dinner.

We also have scheduled two interesting debates on the role of evidence in policy-making and the role JBI plays in getting evidence into policy. Plus a series of methodology workshops and also regional meetings that will give you an insight into what is going on around the world. The program will also feature over 60 concurrent presentations from speakers from across the globe. View the 2013 preliminary program.

Extend your thinking, network, collaborate and enjoy. Register now.

Over 500 likes!

Our Facebook page has clocked 513 likes! A big thank you to those who have supported us and a reminder to everyone to please pop in to get the latest on what’s happening in the Institute and School.

August: 2013 JBI Matters 6
Hands on at JBI

Two overseas scholars paid extended visits to the Joanna Briggs Institute (JBI) headquarters in Adelaide in August.

Assoc Prof Patraporn Tungpunkom, Director of the Thailand Centre for Evidence Based Nursing and Midwifery, and Director of Mental Health Care Centre, Faculty of Nursing, Chiang Mai University, Thailand, spent four weeks in August at JBI to develop a strategic plan to enhance her centre’s educational program and to increase its systematic review output.

Prof Tungpunkom (pictured below [left] with JBI staff) also participated in the JBI Umbrella Reviews Group to develop methodologies for umbrella reviews, as well as activities with the Translation Science and Implementation Science teams.

Ohnmar Myint, PhD candidate and Assistant Lecturer, Adult Health Nursing Department, Military Institute of Nursing and Paramedical Sciences, Yangon, Myanmar, is spending three months as a trainee librarian at the Joanna Briggs Institute.

Prior to her assignment, she attended JBI’s Comprehensive Systematic Review training from 12 to 16 August.

While at JBI, Ohnmar is gaining hands-on experience in search strategies and searching databases.

HDR student reaches top five in 3 Minute Thesis competition

Master of Clinical Science student Melissa Saliba made it to the top five with her impressive delivery of her ‘Talk to me, baby!’ in the 2013 Faculty of Health Sciences, University of Adelaide, 3 Minute Thesis competition.

Her talk was an extract from her research topic, ‘Parent responsiveness and children’s language development: a systematic review’.

Feather in the cap for the Foundation

The Joanna Briggs Foundation (JBF) has secured being one of the two beneficiaries of The Advertiser Sunday Mail Foundation’s (ASMF) Melbourne Cup Luncheon.

The luncheon will be held at Adelaide Oval on 5 November, and will host 600 people in a beautiful marquee. Angela Condous, Patron, The Advertiser Sunday Mail Foundation, will host the event.

JBF submitted a proposal to the ASMF and the money raised from the event will be assisting our Clinical Fellows program, in particular, indigenous health.
Unplanned hospital readmission

Unplanned hospital readmission rates are a leading topic of healthcare policy and practice reform, and are increasingly being used in various jurisdictions across the world as a metric of the performance or quality of hospital care or treatment.

The Joanna Briggs Institute is undertaking a rapid review for the NSW Ministry of Health on ‘Unplanned hospital readmission rates and their use in clinical practice and health service management’.

The rapid review will identify the benefits and caveats associated with using unplanned hospital readmission rates as a key performance indicator of hospital care or treatment to reduce avoidable hospital readmissions and improve the quality of acute patient-care services.

New Chair of Paediatrics Expert Reference Group

Professor Daynia Ballot has been appointed the new Chair of the Paediatrics Expert Reference Group (ERG). She is based at the Department of Paediatric and Child Health, University of the Witwatersrand, South Africa. She qualified and specialised at the University of the Witwatersrand, with a sub-specialty in neonatology. A senior paediatrician and co-coordinator of research for the Department, she works in both the Neonatal and Paediatric Intensive Care Units.

Translation Science staff share their expertise

Dr Judith Gomersall, Research Fellow, Translation Science, presented at the Second Meeting of the South Australian Aboriginal Health Research Network on 23 July. The topic for discussion at the meeting was ‘Knowledge Translation’.

Dr Gomersall presented the Joanna Briggs Institute model and approach to knowledge translation in evidence-based health care.

The Network is an initiative being led by the South Australian Health and Medical Research Institute (SAHMRI). The meeting saw wide representation and participation from university researchers from clinicians, representatives of Aboriginal communities, and decision makers/planners and policy makers.

Dr Catalin Tufanaru, Research Fellow, Translation Science, gave a talk on ‘Qualitative research in health sciences’ to medical students of Flinders University on 7 August as part of their research training.

This is the third consecutive year that he has been invited to speak there. The talk was very well received.

Dr Zachary Munn, Research Fellow, Translation Science, deliver a talk on 16 August at an aged care conference, Better Practice 2013, held at the Hilton Adelaide.

Titled ‘JBI: The unexpected journey’, the talk will be delivered concurrently with Matt Kowald, Clinical Services Coordinator, Eudunda Hospital, Country Health SA Local Health Network Barossa, Hills and Fleurieu Rural Region.
Train-the-Trainer program at Addis Ababa

Prof Alan Pearson AM, Executive Director and Head of School, conducted a Train-the-Trainer program from 12–15 August at Addis Ababa, Ethiopia. The six participants were from the Ethiopian Malaria Alert Centre: a Collaborating Centre of the Joanna Briggs Institute at Jimma University and were already experienced systematic reviewers.

‘The participants were bright, intelligent and enthusiastic,’ Prof Pearson said.

The program not only strengthened their Centre but also contributed to building the body of knowledge in Africa and to evidence-based health care in the region.

Drug law enforcement grant submission

JBI submitted a proposal for a National Drug Law Enforcement Research Fund grant on 30 August.

The project involves a comprehensive and unbiased summary of the best available Australian and international evidence and knowledge on the supply and use of New Psychoactive Substances (NPSs), their related health and social impacts and what measures are currently being undertaken to regulate and reduce NPSs’ related harm.

The title of the project is ‘New psychoactive substances - their market, use, impact and strategies for regulation and control: a systematic review’.

Indexing in Embase database

Following the Joanna Briggs Institute’s (JBI) request for indexing in Elsevier’s Embase database, the JBI Database of Systematic Reviews and Implementation Reports (JBI Library) has been reviewed and they have agreed to index the journal in both Embase’s and Mosby’s indices.

This means all articles published in the journal can now be accessed in Embase and Mosby, enhancing their exposure and reach.
Comprehensive Systematic Review Training Programs 2013

The JBI Comprehensive Systematic Review Training Programs (CSRTPs) are designed to prepare researchers and clinicians to develop, conduct and report comprehensive systematic reviews of evidence using the Joanna Briggs Institute SUMARI software.

Full program (consisting of modules 0001, 0002 and 0003):

Five days
14 – 18 October / 2 – 6 December

Individual CSRTP modules:

CSR Module 0001:

Introduction to Evidence-Based Healthcare and the Systematic Review of Evidence

One day
12 August / 14 October / 2 December

CSR Module 0002:

The Systematic Review of Evidence Generated through Quantitative Research

Two days
15 – 16 October / 3 – 4 December

CSR Module 0003:

The Systematic Review of Evidence Generated by Qualitative Research, Narrative and Text

Two days
15 – 16 August / 17 – 18 October / 5 – 6 December

For more information or to register your interest, email: jbieducation@adelaide.edu.au.
Clinical Fellows Train-the-Trainer program now available

We are very pleased to inform you that the Joanna Briggs Institute Clinical Fellows Train-the-Trainer program has now been finalised.
As with the Comprehensive Systematic Review Train the Trainer program there are two parts. Part one is online and is available now. Part two is face-to-face and will take place following the Committee of Directors meeting in October.
If you would like more information or to enrol in this program please email jbieducation@adelaide.edu.au.

October reminders
- If you have not contacted Adriana regarding your flight to Adelaide for the Convention we urge you to do this as soon as possible.
- Regional Meetings/Presentations have been scheduled for the Convention (as well as additional time in the two-day Committee of Directors Meeting). We encourage you to start discussing and planning your presentations shortly.
- Invitations to the Mexican Fiesta Event (Informal Dinner) have been distributed to Centres. Please RSVP by the 20 September.

Registering a systematic review title

To submit a title for a systematic review you will need to email the following information to the Synthesis Science Unit (SSU) jbisynthesis@adelaide.edu.au:

- Title
- Centre
- Primary reviewer (name and email)
- Secondary reviewer (name and email)

PICO:
- Population
- Intervention/phenomena of Interest:
- Comparator/context
- Outcome(s)

The list of registered titles is available at:
http://www.joannabriggs.org/Systematic%20Review%20Registered%20Titles

JBI website reminder

Please remember to update your bookmarks to the Joanna Briggs Institute website.

Annual review of Centres

The Collaboration Office has recently completed its annual review of Centres. We would like to congratulate all Centres on their hard work over the last 12 months especially The Thailand Centre for Evidence-based Nursing and Midwifery and The Joanna-Briggs Institute-Institute of Mental Health (Singapore) Centre for Evidence-Based Practices in Mental Health Care who have varied to Collaborating Centre Status.
Practice Manuals hone in on safety guidelines

Health professionals can access precise and detailed tips and guidelines on safe practices, thanks to the Joanna Briggs Institute’s Evidence-based Practice Manuals, a flagship product of the Institute.

The manuals are compiled from evidence-based recommended practices and evidence summaries. The evidence summaries are intended to act as an adjunct to practice, providing background information and recent research on specific topics. Each summary has been assigned a quality of evidence rating.

Most of the procedures are accompanied by one or a series of graphics relating to occupational health and safety, intended to increase awareness of safety through the assessment of each situation.

There are currently 11 JBI Practice Manuals available from our database with the provision to build your very own customised manual through our Manual Builder tool.

Manual Builder

The JBI Evidence-Based Manual Builder allows users to search through hundreds of evidence-based Recommended Practices and to select collections of Recommended Practice to form a practice manual for their facility/organisation.

A Practice Manual can be generated with a cover page containing the facility/organisation’s name and logo and each manual is automatically page-numbered, alphabetised and divided into appropriate categories. Manuals can be viewed online in html or pdf formats or printed to be used by the bedside.

JBI Practice Manuals and the Manual Builder are available to corporate subscribers. To find out more on how to access these resources, please contact your nearest Ovid office.

Ovid Technologies have offices in every country and you can locate your regional provider from the list on the Ovid webpage. A customer service representative will be able to assist you with any query related to how to use our tools, technical support and training.
A word from your Postgraduate Coordinator

Just imagine… a situation where there was no information about the basics of care provision and no evidence on what interventions bring benefits or increase the risk of harm, and where advanced practice was not supported by any science or knowledge other than what you gather through experience and your basic training.

That is what health care practice has evolved from, and today such a scenario is unimaginable. Back then the search for knowledge led to interventions such as blood letting (up to 1500mls for a significant post partum fever), use of oral mercury (or mercury enemas to reduce inflammation) for constipation and treating cholera that were later found to be unrelated to the course of disease or its transmission.

This may be common scientific knowledge now, yet within our areas of practice, there are still issues, problems and limitations in our knowledge base, and today the transfer of knowledge to practice remains as slow and uncertain as it did in the 1800s.

‘Quinine is isolated from the bark of a species of tree native to Peru. As early as 1600 the Jesuits in Peru knew of the bark’s curative effect on intermittent fever but it was not until the mid 1600’s that its remedial properties were “certified” by the Pope’s physician in Rome where malaria was rampant and where, by 1650, the Peruvian bark had become a popular remedy. Nevertheless, effectiveness of the bark in malaria was considerably obscured by its indiscriminate use for all fevers, which lead to resistance to its use by physicians who remained committed to bleeding and purging. Thus, for the next 150 years, and until isolation of the bark’s active principle, quinine sulfate, by French chemists in 1820 made it available in this more usable form, quinine was slow to gain wide acceptance by the medical profession. Finally, by 1850 quinine was in general use as a remedy for the syndrome we now know as malaria.’


Much of health care innovation is the translation of knowledge to practice rather than the discovery research associated with basic science. While discovery research represents an important pillar in knowledge, it is how we access, synthesize and develop localised transfer to practice that remains problematic. The slow uptake of quinine parallels the slow uptake of routine use of corticosteroids in premature babies. The evidence in favour of steroids was clear by 1972 but the routine use was not yet fully established even in the 1990s. Randomised controlled trials and meta analyses of this are reflected in the Cochrane logo, which neatly illustrates the problem of transferring knowledge to practice. The JBI logo, a pebble of knowledge and a series of expanding concentric circles, illustrates the solution – localised impact of global evidence.

The focus on evidence-based health care has led to systems such as JBI ConNEXT+ that provide methods and resources to facilitate evidence best practice, but that does not always provide the specific information people want, or allow for the level of discussion and engagement between people with shared research or practice interests.

Sir James Paget is famous for more than describing what became known as Paget’s Disease. A surgeon and a pathologist, he was one of the founding fathers of medical pathology. In his day, students were very much left to themselves, and tended to read botanical journals over high tea. In his memoirs and letters Sir James described a group that used to meet in the mid-1800s near this gate – with a statue of Henry VIII over the archway. It was...
'a kind of club... a small room over a baker’s shop near the hospital-gate where we could sit and read the journals.’

To be useful, a journal club relies upon the participant’s knowledge and skills in critical appraisal – without knowing or being guided in how to read a paper, a journal club can lose direction. Evidence suggests that where a journal club includes strategies or resources to assist with appraising the research and make sense of the accuracy of its findings, participants learn more effectively. Just imagine a series of journal clubs led by academically trained scholars with a Master of Clinical Science...

Finish strong.

Assoc Prof Craig Lockwood
Postgraduate Coordinator

Vibrant and inspiring August Research School

The School of Translational Health Science would like to acknowledge the extraordinary efforts of staff and students for their active participation in the August 2013 Research School. The first day agenda was very well received, with Professor Alan Pearson AM, Head of School, opening the session, followed by group reporting and supervisor/student intensive discussion.

Day 2 was broken up into two separate sessions, with Assoc Prof Craig Lockwood and Assoc Prof Ed Aromataris coordinating the PhD and Masters Streams. Special thanks to our guest speaker, Anna Chur-Hansen. Her insight into cultural data was fascinating, and inspired some topical discussion.

On the third and final day students coordinated a full session of poster presentations, with the 13 July intake presenting their protocols, and senior students presenting their findings to date. We are honoured to have such a vast amount of knowledge and expertise.

We appreciate the written feedback received so far in relation to Research School. Your comments will be considered in the planning of similar events in the future. Overall students enjoyed the program, and clearly benefited from speaking with others directly to discuss HDR matters, such as approaches to work, methods of investigation and study management styles.

The School would like to acknowledge those students who took leave from work to attend the occasion; we trust the experience was beneficial and your presence and feedback was a benefit to others also.

Academic panels

August was a hectic time as HDR students filed in to present at their academic panels. The following students successfully completed their panels:

- Kate Davis: 8 August
- Scott King: 13 August
- Trish McReynolds: 13 August
- Terry Leane: 14 August
- Manuel Vivera: 14 August
- Kylie Eddy: 15 August
- Chris Hunt: 16 August
- Janelle Jacobsen: 16 August

Panel members were particularly impressed with Scott King’s passion for the focus of his Masters thesis: nurses’ perceptions of useful and challenging characteristics of online learning. Like all HDR students, Scott faces the challenge of balancing his time between a young family, a demanding role as a Clinical Educator at the Royal Adelaide Hospital and the research needed to complete his studies. Maintaining a sense of humour and not ‘sweating the small stuff’ is the secret to his successful completion of his core component and, if all things go according to plan, his Masters degree.
Graduate School Barbie

For those HDR students with small children, JBI offers an ideal gift, Graduate School Barbie.

Grad School Barbie comes in two styles: Delusional Master's Barbie and PhD Masochist Barbie.

Every Grad School Barbie comes with these fun-filled features, guaranteed to delight and entertain for hours:

- Grad School Barbie comes out of the box with a big grin on her face that turns into a frown after two weeks or her first advisor meeting (whichever comes first).
- Adorable black circles under her delightfully bloodshot eyes!
- Grad School Barbie talks! Just press the button on her left hand and hear her say such upbeat grad school phrases as, ‘Yes, Professor, it’ll be done by tomorrow’ or ‘I’d love to write it all over again’.
- Grad School Barbie is anatomically correct! Experience the exciting changes that come with pursuing a higher education! Removable panels on Barbie’s head and torso allow you to watch as her cerebellum fries to a crispy brown, her heart races at 150 beats per minute, and her stomach lining gradually dissolves into nothing!

- Deluxe Grad School Barbie comes with specially designed eye ducts. Just add water and watch Grad School Barbie burst into tears! Fun for the whole family!

And Grad School Barbie is not alone! Order now and you’ll get Barbie’s great friend – Grad Advisor Ken, Barbie’s mentor and advisor in her quest for increased education and decreased self esteem.

Grad Advisor Ken comes with a supply of red pens and a permanent frown. Press the button to hear Grad Advisor Ken deliver such wisdom as:

- ‘I need an update on your progress’
- ‘I don’t think you’ll be ready to graduate this term’
- ‘This is nowhere near ready for publication’

Order now! The ideal gift for any child of a HDR student.

Juggling professional passions and personal loves

‘Balancing professional and personal life choices can be challenging, particularly when taking on new study commitments as I did at the beginning of the year. My selected research topic is “The influence of workplace culture on nurses’ learning experiences: a qualitative systematic review of the literature”. In relation to this, I have three professional passions in life: nursing, learning and people.

My review is essentially the intersection of these three interests. I want nurses to excel and provide the best patient care they can, in the best and most fulfilling work environment, where they learn and reach their potential. Unfortunately, some workplaces and people are unsupportive and uncaring in the way they orientate and ‘acculturate’ nurses; my own observations as well as the literature support the notion that workplaces can be unsafe for both nurses and patients. The best work environment for nurses and patients is supportive and learning, one that has strong supportive leadership, good professional development opportunities and clear supportive structures and systems.

To enable me to follow my professional passions I also need to factor in my personal loves – family,
friends, work and study, and this is probably more of a juggle than a balance. With three children (teenagers) and a husband also with a busy career, I try my best to be organised, but tiredness, laziness and life do get in the way. Having a team approach to life and family helps – my husband contributes in doing half of what needs to happen, and the teenagers get on with the program – from time to time!

It’s been said before, but I believe life is a journey; sometimes I’m organised and get it right (I had all my papers ready and organised for panel!) and other times I’m really behind the eight ball. However, life also offers opportunities – we just have to see them. Although I am behind schedule with getting this article to my supervisor, I’m now at the airport with time up my sleeve and have the opportunity to punch it out on my laptop.

I can’t say I have any advice on how to balance work, study and life other than know who you are – recognise your strengths and use them; know your own weaknesses and learn to manage them; graciously receive feedback on how to improve them. Oh, and tricks help – I always have the kitchen clock set five minutes ahead of time! Learn, change and adapt – enjoy your study and life where you can and where you can’t.

Consider “what can you change, how can you get life back on track?”

Kate Davis, Master of Clinical Science

**Upcoming Graduate Research Seminar**

Gear up for the upcoming Graduate Research Seminar.

**Topic:** The challenge of entrepreneurship and innovation research to Australian academe – emphasising not theory for theory’s sake but empiricism for practice’s sake

**Speaker:** Prof Emer L Murray Gillin, AM, Adjunct Professor, Entrepreneurship, Commercialisation and Innovation Centre (ECIC), Faculty of the Professions, University of Adelaide

**Date:** Friday 27 September

**School blog**

Don’t forget to visit the School of Translational Health Science blog to read the latest news, events and important information to students, supervisors, Faculty members and the general community.

Note that the blog does not replace the current HDR Facebook page, which is a ‘closed group’ to active students and supervisors.
Hello my fellow fellows,

Winter in Australia is about to come to an end, and that means ‘spring is in the air’. And spring in Australia traditionally means ‘Race Carnival’ and horse racing for me. I am going to post some pictures from my company race day as we always enjoy a day at the races. Hope to see some other staff and crew from the Joanna Briggs Institute (JBI) post their spring pictures and some pictures from the next conference.

With spring comes change and for some it’s a ‘spring clean’, so for all of you who feel like having a change, join the new Alumni Facebook page. I have some great feedback in regards to the Alumni Facebook page, and if you are not a member yet, please sign up and apply so we can get a great Fellows Alumni Facebook group going to share and exchange ideas about evidence-based health care. It’s a great way to keep in touch, network, receive support and advice from JBI staff on any projects you might be involved in, and much, much more!

I hope to see a number of you get busy and tell us what it was you did or achieved today using evidence-based health care, and your knowledge as a Fellow! This should be a place to come and tell the world about your trials and tribulations, or at least the ‘Alumni world’.

I will be busy coming in and out of the JBI over the next few months as I have Residential School to attend and also the conference coming up in October. It’s a timely reminder for me to remind you all that we have our Alumni Breakfast meeting planned during the conference. All details on the conference website. Details are also available on the Facebook page and if you a member then we can keep you connected with Alumni news.

Time to go and catch some sun in my sunny part of the world (Noosa, Queensland).

Drew Dwyer